

# DARE YOURSELF TO DREAM

WOMEN'S EMPOWERMENT CONFERENCE

December 6, 2014

PRESENTED BY: GI HOLDER INITIATIVES, INC.

## Agenda

11:30 a.m.- Dare Yourself to Dream!

**Speaker: Ms. Georgiana Holder**—President of GI Holder Initiatives, Inc., Public Speaker and Founder of the Professional Development Series. Website. [www.giholder.com](http://www.giholder.com)



12:00 p.m.- Become a Dream Chaser! This How You Get Started.

**Speaker: Ms. Dawn Karen, M.A., B.A.**—Founder of the global field of Fashion Psychology and Dream Chaser Initiatives. Website- [www.fashionpsychologysuccess.com](http://www.fashionpsychologysuccess.com).



12:30 p.m.- How to Make Your Dreams a Reality.

**Speaker- Ms. Roben Allong-** CEO of Lightbeam Communications, Co-chair of the New York Metro Chapter of the QRCA (Qualitative Researchers Association). Follow Roben's trend forecasting on Instagram and Twitter @trendiwendii. Website-[lightbeamnyc.com](http://lightbeamnyc.com)



1:00 p.m.-The Game Plan- Strategies to Accomplish Your Dreams

**Panelists:**

**Ms. Charmaine Brooks, Esq.** – Counselor of Law, Mentor, Education Strategist

**Ms. Kebrina Carter, MBA-** Senior Budget Director at the NYC Department of Education, Mentor at College Awareness Symbolizes Hope (CASH), Women's Leader- St. Paul Community Baptist Church.

**Ms. Heather Hughes-** Celebrity Image Stylist and Owner of My Style Unleashed. Website- [www.mystyleunleashed.com](http://www.mystyleunleashed.com)

**Ms. Nionese Prudent-Olmstead-** Philanthropist and Founder of the Haiti Development Project. Website- [www.haitidevelopmentproject.org](http://www.haitidevelopmentproject.org)



*“Surround yourself with the dreamers and the doers, the believers and thinkers, but most of all, surround yourself with those who see the greatness within you, even when you don't see it yourself.”*

— Edmund Lee

Aim High



People are often unreasonable and self-centered. Forgive them anyway. If you are kind, people may accuse you of ulterior motives. Be kind anyway. If you are honest, people may cheat you. Be honest anyway. If you find happiness, people may be jealous. Be happy anyway. The good you do today may be forgotten tomorrow. Do good anyway. Give the world the best you have, and it may never be enough. Give your best anyway.

Mother Teresa

*Done is better than perfect*

Success and happiness are not matters of chance but choice.

Zig Ziglar

### *Our Deepest Fear*

*Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, Who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone.*

Marianne Williamson



# Assignment

## Read & Listen

- ⇒ Read or listen to something positive everyday.  
**Great sources:** The Bible, YouVersion.com, www.goodnewsnetwork.org , Our Daily Bread– odb.org, DaniJohnson.com for daily motivation
- ⇒ **Listen to these great motivators on YouTube** - Myles Monroe, John Maxwell, Joyce Meyers, Zig Ziglar, Les Brown. Call into Les Brown’s Motivational call every Monday at 8pm– dial 712-432-7606 x623383

## Create & Accomplishment

- ⇒ Create a Vision Board (see instructions below)
- ⇒ Create daily and monthly goals.
- ⇒ Fill up your Gratitude Jar

## Contact Us

Give us a call for more information about our services and the next conference.

**GI Holder Initiatives, Inc.**(917) 553-2713 in-fo@giholder.com

Visit us on the web at www.giholder.com

We need your help with the next conference. Volunteer!

***SAVE THE DATE***

***MARCH 7, 2015***

***Women’s Conference  
2015***

A **Vision Board** is a powerful visualization tool that you can use as inspiration for your journey toward accomplishing your dreams.

You’ll need:

- a posterboard, cork board or small canvas
- a stack of old magazines
- scissors
- markers or paint
- glue, tape, thumbtacks or pins
- a photo of yourself (optional)



- Step 1: Set aside about an hour to complete your vision board in a quiet space.
- Step 2: Take a moment to reflect on your big goals and dreams. What do you want your ideal life to look like?
- Step 3: Cut out images and words from magazines that represent the life you want to live.
- Step 4: Freely, paste or pin the images and words on your board. You can also use your markers to write your personal mantra or favorite quotes onto your vision board.
- Step 5: Review and reflect on your vision board. Then display it somewhere you’ll see it every day and feel inspired!